

Flamenco

Maestro Juan Paredes

Intensive workshop: Dance and Compas por Bulerias (bulerias festeras)

The infinite *fiesta* (for the teacher Juan Paredes)

The art to combine technical rigor with the playful essential character of flamenco. To add the social dimension, the community, from the jondo. The perfect *compas* and the angel. Juan Paredes is the teacher of the reunion, the group, the clan. There are so many nights that Juan Paredes has on the tip of his fingers. A teacher by vocation and conviction, first and foremost, with the ability to communicate through his teaching not information or a technique but an emotion a way to position ourselves towards life which is the *fiesta*. Against the setbacks of existence, a dose of *soniquete* to celebrate that we are alive celebrating together that we are alive, a little bit of *compas*. With Paredes we learn by mere contagion because he is a fan. And if the commitment and passion of the teacher is absolute, like it is the case, the student has to be very clumsy not to emulate the role model. Paredes is teacher of the laughs, of the joy, and that is priceless. Paredes shows with his practice that Flamenco dance has something to say about ourselves, of our capacity for empathy - that is to say of loving and be loved. Flamenco of the *polis*, of society, of the community, *poliflamenco*. This means that, with Paredes, the *jondo* is at reach of everyone. Including professional dancers. Because joy is also very deep. Because this teacher of the flamenco laughter is not a fool to think that in the world there is no pain and sorrow. Precisely because pain and sorrow exist we must sing and dance to celebrate that we are alive. This is so simple, so difficult, this is what the teacher Juan Paredes teaches in his classes.

Juan Vergillos – National Award for Flamencology and Flamenco Critic 2013

The social objective of these workshops is to bring people closer to learning and enjoying the rhythm and basic technique of baile por bulerías. In a playful and fun way, the workshop provides basic knowledge that allows participants to enjoy, learn, and immerse themselves in the unique and authentic *soniquete* (sound) Flamenco.

These are not classes to accumulate steps, choreography, or stress.

The classes focus on rhythm, dance, and palmas (often palmas are not given the importance they deserve; somebody that is not able to do palmas on the rhythm she or he is studying will have difficulty in learning how to dance it properly); and help students develop their learning, in every aspect, and develop awareness of what they are capable of doing trusting at every moment their way of dancing and feeling the *soniquete* (sound). In these classes, we learn how to breadth every movement we do. Classes that allow you to immerse yourself with your dance, and integrate the dance with the signing and the palmas. Classes are therefore for enjoyment, for the *fiesta* (party) (classes are given in a circle like in a real party), to develop self-awareness. Classes where pure technique renders itself to the intuition and the *soniquete*, where everyone connects with their true essence and each student learns from her or his own level, has fun and enjoys the class from beginning to end.

Our objective

To provide those individuals interested in learning the Art of Flamenco the possibility of learning how to actively participate in the parties that are such an integral part of the flamenco world.



Our audience

All those Flamenco professionals and fans who want to enjoy classes without any stress, enjoying the *sonique*, good energies, and classes where the *sonique* itself leads us to understand who we are, and what we are capable of achieving without fear and without stress. Many times we feel frustrated because we don't go out dancing even if we have enough technique to do so, or because we are afraid to show our moves at a party and enjoy fully the unique feeling of bulerías. In these classes we will learn how to deal with these issues through the understanding and knowledge of the rhythm and the possibilities that breathing every single movement we do opens for us, regardless of its difficulty.



Lenght

Classes are usually 3 days long (180 minutes per day or 3 hours) ^{11/2} 2 Groups Basic and Intermediate level (90 minutes) and Advanced (90 minutes). The distribution of time can be appropriately adjusted by the organizer. It is possible, for example, to have 3 groups (60 minutes each) distributing the time with each group.

Content

Dance Professor ... Juan Paredes



Compás

Compass is the root of the Flamenco tree; a fundamental pillar for dancing, singing, and playing. Compass classes are designed to learn the rhythm base that allows people to dance, play the guitar or sing without the need of thinking about the rhythm in a conscious manner. In the classes, we learn different Flamenco rhythmic patterns as well as their application to singing and dancing. We will learn different rhythmic variations, remates, counters, double palmas, footwork, combination of singing, palmas, and foot and everything related to the art of compass. We will immerse ourselves in the “compás para la Fiesta” specially the *aire* (air) from Jerez.

Dance

- **Technique.** Coordination, position, body exercises, body control
- **Dance.** Movement, breathing, arms, footwork. Putting technique into practice.
- **Integration.** Dancing in a party-like setting, developed your dance style through knowledge, rhythm, and movement, learning resources that help us feel and enjoy dancing and our self-expression.

Classes are organized using a fun, interactive, and participative format integrating rhythmic games and dance steps to motivate participants to be fully engaged in the pedagogical experience.



Facilities

Clean studio, equipped with mirrors and wood floors.

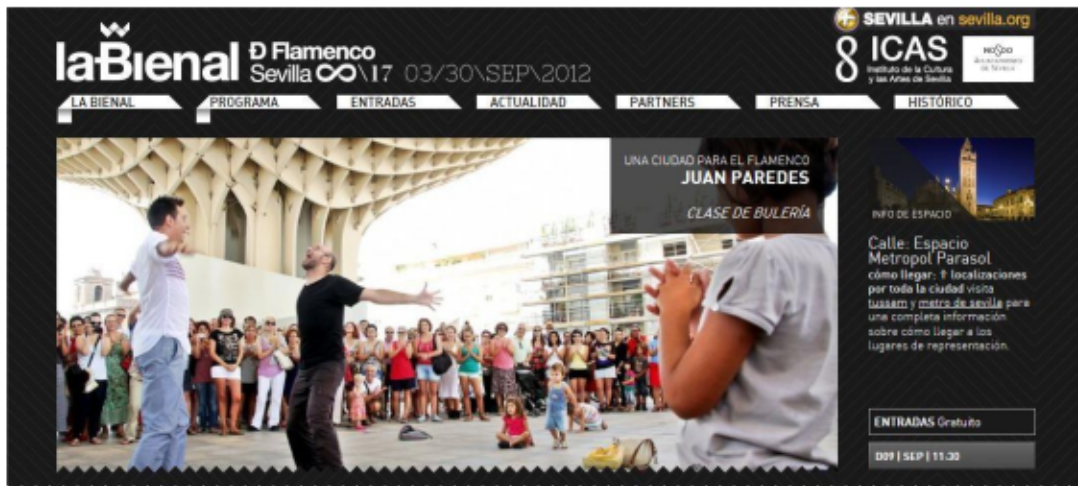
Students

No more than 20 students per class (The number may vary depending on the size of the studio where the class is organized)

OUTDOOR FLAMENCO WORKSHOP

This workshop aims to bring the art of Flamenco to the street and provide people with basic knowledge allowing them to appreciate this art form from the root and engendering excitement and interest for it. The class is interactive and fun and people of all levels of experience with Flamenco are welcomed to participate even those without previous knowledge. Through rhythm and movement, we delve into the technique in a ludic and passionate way for those who participate. The classes have been already organized during the Bienal de Flamenco in Seville in 2010 and 2012 with the participation of over 200 people. This outdoor flamenco workshop was also imparted during the Inauguration of the Dance and Art Festival in Queretaro, Mexico, Iberica Contemporanea (2011, 2013), in the Plaza Mayor, at the Festival of Mon de Marsan in 2013 with over 300 people participating in each of these events with complete success.





Flamenco Teacher Juan Paredes

Juan Paredes is a renowned Flamenco professional with prestige in Spain and internationally who has spent 25 years developing his career with an extensive background as a professional on the world's best theaters including the Opera Houses in Paris and Stockholm. A dancer for 20 years with the best Flamenco companies, such as Cristina Hoyos's, with whom he danced and starred during the closing ceremony of the Barcelona Olympics in 1992. He was a solo dancer for the Andalusian Dance Company (CAD) of the Government of Andalucía under the artistic direction of Maria Pages and Jose Antonio. He performed as the boyfriend in the famous movie "Bodas de Sangre" under the direction of the very famous teacher Antonio Gades. He is also been a solo dancer in many different famous ballets like Mariemma's with which he debuted. Juan was the main character for the movie "Montoyas y Tarantos" to the music of Paco de Lucia that was nominated for the Oscars in 1989 and received the Goya Academy Movie Awards in the same year. He also has extended experience as a choreographer and stage director in numerous high level productions.

Juan holds a technical degree in Choreography and Dance – a title granted by the Spanish Ministry of Education – and has been the director of the School of the Museum of Cristina Hoyos during the last three years. He has taught dance in Spain and many other countries around the world for over a decade teaching at prestigious festivals and introducing his already famous and innovative pedagogy in his classes for Buleria Festera and Flamenco classes in public spaces, which have elevated his already renowned prestige at an international level